

Domestic Violence – Seeking Help

Domestic violence is a crime. Domestic violence is the physical, emotional, sexual and psychological abuse of one person by another in a personal or family relationship. The overwhelming majority of domestic violence and the most severe and chronic incidents are perpetrated by men against women partners or ex-partners. Children are often indirectly or directly affected by this violence.

Seeking Help

Domestic violence is rarely a one off event and often gets worse over time. You don't have to put up with it. Everyone has have the right to live their life free from fear. For advice, information, somewhere safe to stay or simply someone to listen, you can ring one of the services listed below or the

National Domestic Violence Helpline on 0808 2000 247

Police – in an emergency ring 999

Non emergency 0845 60 60 606

Or call the police Domestic Violence Co-ordinators

City and Holbeck based at Morley police station 0113 238 2062

North East Leeds based at Killingbeck police station 0113 241 3633

North West Leeds based at Weetwood police station 0113 241 3454

Leeds Women's Aid

Support information and safe housing for women with or without children.

Helpline: 0113 246 0401 7am- 12am

Mobiles: 07776228196/07919212615

www.leedswomensaid.org.uk

Sahara

Confidential advice, support and accommodation for all black women with or without children, and white women with black children

Helpline: 0113 245 8489

Mobile: 07989567978

Behind Closed Doors

Confidential advice and support for women living in West and North West Leeds

0800 328 2430

HALT (Help Advice and the Law Team)

Help advice and support for women exploring legal options and support through the court system

0113 243 2632

Voice and text phone

STAR (Surviving Trauma After Rape)

Support and counselling for victims of rape and serious sexual assault.

Available for females and males in West Yorkshire

Helpline Mon to Fri 9 – 5

01924 298954

Jewish Women's Aid

Support and information for Jewish women experiencing domestic violence

0800 591203

MALE (Men's Advice Line and Enquiries)

Free phone line offering emotional and practical support as well as signposting to local services for men experiencing domestic violence

Mon Tues Wed from 10am to 1pm and 2 pm to 5pm

0808 801 0327

Broken Rainbow

Domestic Violence Helpline for lesbian, gay, bisexual and Transgender people experiencing domestic violence

0808 801 0327

Leeds City Council Housing Advice Centre

If you are experiencing domestic violence you can approach the Housing Advice Centre for help and advice on housing, including emergency accommodation.

0113 247 6919

Leeds Social Services

0845 125 4113

STOP

Works with perpetrators of domestic violence to address abusive behaviour

0113 244 6007

Respect

National help line for men concerned about their behaviour towards their partners

0845 122 8609

Samaritans

Confidential counselling service for people undergoing trauma In their lives

0113 245 6789

For children**Childline**

0800 1111

NSPCC helpline

0800 800 500

The Hideout

www.thehideout.org.uk